

# Let's see what's for lunch...

Week 1

Monday	<b>Main Meals</b>	Beef Bolognese with Spaghetti	<b>Served With</b>	Peas & Broccoli
		Vegan Bolognese with Spaghetti	<b>Dessert</b>	Maryland Cookie
		Baked Jackets with Grated Cheese		
Tuesday	<b>Main Meals</b>	BBQ Chicken Pizza with Baked Wedges	<b>Served With</b>	Carrots & Sweetcorn
		Margherita Pizza with Baked Wedges	<b>Dessert</b>	Apple Crumble with Custard
		Pasta & Tomato Sauce		
Wednesday	<b>Main Meals</b>	Roast Chicken with Roast Potatoes & Gravy	<b>Served With</b>	Seasonal Greens & Cauliflower
		Squash & Lentil Lasagne	<b>Dessert</b>	Cherry Cornflake Cake
		Baked Jackets with Baked Beans		
Thursday	<b>Main Meals</b>	Coconut & Lime Chicken Curry with Steamed Rice	<b>Served With</b>	Broccoli & Carrots
		Vegan Vegetable Biryani with Vegetable Dhal	<b>Dessert</b>	Chocolate & Pear Sponge
		Pasta & Tomato Sauce		
Friday	<b>Main Meals</b>	Breaded Fish Fingers with Chips & Ketchup	<b>Served With</b>	Peas & Baked Beans
		Vegan Goujons with Chips & Ketchup	<b>Dessert</b>	Banana Flapjack
		Baked Jackets with Grated Cheese		
<b>Freshly Baked Bread:</b>		Carrot & Beetroot or Wholemeal Bread		

Week 1:

27<sup>th</sup> May, 17<sup>th</sup> June, 8<sup>th</sup> July, 2<sup>nd</sup> Sept, 23<sup>rd</sup> Sept, 14<sup>th</sup> Oct,  
4<sup>th</sup> Nov, 25<sup>th</sup> Nov, 16<sup>th</sup> Dec

## Pabulum Salad Bar

Children can help themselves to an unlimited selection of freshly prepared healthy salads. Our salad bar features all of the children's favourites, is completely free of the 14 recognised allergens, is suitable for vegetarians and vegans and packed full of fibre and nutrients.

Available Every Day:  
Fresh Fruit, Yoghurt or Jelly

Week 2

Monday	<b>Main Meals</b>	Chicken & Beef Sausage with Mashed Potato & Gravy	<b>Served With</b>	Sweetcorn & Baked Beans
		Vegan Sausage with Mashed Potato & Gravy	<b>Dessert</b>	Chocolate Rice Krispie Cake
		Pasta & Tomato Sauce		
Tuesday	<b>Main Meals</b>	Caribbean Chicken Curry with Steamed Rice	<b>Served With</b>	Carrots & Broccoli
		Vegan Cauliflower & Sweet Potato Coconut Curry with Steamed Rice	<b>Dessert</b>	Mandarin Jelly
		Baked Jackets with Grated Cheese		
Wednesday	<b>Main Meals</b>	Roast Turkey with Roast Potatoes & Gravy	<b>Served With</b>	Seasonal Greens & Peas
		Sweet Chilli Stir-fry Mushroom & Vegetable Noodles	<b>Dessert</b>	Vanilla Ice Cream
		Wholewheat Pasta & Tomato Sauce		
Thursday	<b>Main Meals</b>	Macaroni & Cheese Bolognese Bake	<b>Served With</b>	Carrots & Sweetcorn
		Vegan Layered Vegetable & Sweet Potato Bake	<b>Dessert</b>	Apple & Carrot Flapjack
		Baked Jackets with Baked Beans or Salmon Mayonnaise		
Friday	<b>Main Meals</b>	Breaded Fish Fingers with Chips & Ketchup	<b>Served With</b>	Peas & Baked Beans
		Vegan Fajita Wrap with Chips & Ketchup	<b>Dessert</b>	Lemon Drizzle Sponge
		Pasta & Tomato Sauce		
<b>Freshly Baked Bread:</b>		Garlic & Herb or Wholemeal Bread		

Week 2:

3<sup>rd</sup> June, 24<sup>th</sup> June, 15<sup>th</sup> July, 9<sup>th</sup> Sept, 30<sup>th</sup> Sept, 21<sup>st</sup> Oct,  
11<sup>th</sup> Nov, 2<sup>nd</sup> Dec

Week 3

Monday	<b>Main Meals</b>	Chicken & Sweetcorn Meatballs with Tomato Sauce & Penne	<b>Served With</b>	Carrots & Broccoli
		Vegan Roasted Ratatouille with Penne	<b>Dessert</b>	Orange Shortbread Biscuit
		Baked Jackets with Grated Cheese		
Tuesday	<b>Main Meals</b>	Sticky Soy Vegetable & Beef Stir Fry with Egg Noodles	<b>Served With</b>	Sweetcorn & Coleslaw
		Vegan Bombay Chickpea Burrito	<b>Dessert</b>	Carrot Cake
		Pasta & Tomato Sauce		
Wednesday	<b>Main Meals</b>	Herby Roast Chicken with Roast Potatoes & Gravy	<b>Served With</b>	Seasonal Greens & Broccoli
		3 Vegetable Mac n' Cheese	<b>Dessert</b>	Chocolate & Beetroot Brownie
		Baked Jackets with Baked Beans		
Thursday	<b>Main Meals</b>	Traditional Beef Lasagne	<b>Served With</b>	Cauliflower & Carrots
		Vegan Aubergine & Courgette Tagine with Cous Cous	<b>Dessert</b>	Vanilla Ice Cream
		Pasta & Tomato Sauce		
Friday	<b>Main Meals</b>	Breaded Fish Fingers with Chips & Ketchup	<b>Served With</b>	Peas & Baked Beans
		Vegan Bubble & Squeak with Chips & Ketchup	<b>Dessert</b>	Apple & Parsnip Cake
		Baked Jackets with Grated Cheese		
<b>Freshly Baked Bread:</b>		Courgette & Tomato & Wholemeal Bread		

Week 3:

10<sup>th</sup> June, 1<sup>st</sup> July, 22<sup>nd</sup> July, 16<sup>th</sup> Sept, 7<sup>th</sup> Oct, 28<sup>th</sup> Oct,  
18<sup>th</sup> Nov, 9<sup>th</sup> Dec



BM2 Howard  
May 2024

All products are subject  
to availability

**pabulummm**  
HONESTLY GOOD FOOD