

Keeping Happy and Safe

Article 17-Access to Information

How do we keep you safe in school?



How can you stay safe at school?

- ▶ Follow the school rules
- ▶ Speak to a friend
- ▶ Speak to an adult you trust in school
- ▶ Speak to a trusted adult at home
- ▶ Use the 'Talk it Out' box

Who else knows about keeping you safe?

The background features abstract, overlapping geometric shapes in various shades of green, ranging from light lime to dark forest green. These shapes are primarily located on the right side of the slide, creating a modern, layered effect. The rest of the slide is a plain white background.

Buddy says.....



- ▶ Bullying is when children are mean and unkind to each other, not just once but again and again. They might push a child around, leave them out, or send nasty texts or emails. This can hurt on the inside or on the outside, and often both.

Buddy says.....

This is NOT ok.

Buddy says.....



Neglect is when a parent or carer does not look after a child properly. They might not give them enough food and drink, or the right kind of clothing. It can also be when a child is left on their own for too long

Buddy says.....

This is NOT ok.

Buddy says.....



Physical abuse is when an adult deliberately hurts a child's body. They might hit, kick, punch, bite or shake them. This may leave marks on the body such as cuts and bruises.

Buddy says.....

This is NOT ok.

Buddy says.....



Emotional abuse is when an adult hurts a child's feelings. They might call them names, make fun of them or make a child feel bad about themselves. This hurts children on the inside.

Seeing or hearing parents or carers hurting each other can also make a child feel bad.

Buddy says.....

This is NOT ok.

Buddy says.....



Know the underwear rule. The underwear rule is a simple way to understand how you can stay safe. By learning five easy sayings you can help yourself and others, perhaps a younger brother or sister stay safe.

P RIVATES
ARE PRIVATE

A LWAYS REMEMBER YOUR
BODY BELONGS TO YOU

N O MEANS NO

T ALK ABOUT SECRETS
THAT UPSET YOU

S PEAK UP, SOMEONE
CAN HELP

What can you do when you are made to feel uncomfortable?

- ▶ Tell them to stop
- ▶ Tell them you don't like it
- ▶ Tell a trusted adult

What can you do when you are made to feel uncomfortable?

- ▶ ChildLine
- ▶ Children and young people can contact ChildLine 24 hours a day, seven days a week.
- ▶ •It's free and confidential.
- ▶ •Remember the number:
0800 1111
- ▶ •Remember the site:
www.childline.org.uk

